



**REFLECT:**  
(20 minutes minimum)

9. In churches you've attended, what have you been taught about the Holy Spirit and the Christian? Do you think there's a connection between a lack of understanding of the Spirit and a lack of confidence in our salvation?
  
10. Christians often have different understandings of the indwelling of the Holy Spirit. Because it's often an area of disagreement, we often just ignore the subject altogether. What are the consequences of not being willing to discuss biblical issues?
  
11. If you have personal experience with adoption (either in your family or with someone you're close to), talk about the significance of Paul saying that we have been adopted by God. What lessons should we take from that imagery?
  
12. We have been redeemed ("bought back") by the blood of Jesus. How will that make a difference in your life this week? Specifically, what will you do or not do as a result of what you've read in these verses today?
  
13. Paul says in v. 14 that the Holy Spirit is a "deposit guaranteeing our inheritance." Knowing that your salvation is guaranteed by God, how does that affect how you live as a Christian?



September 27, 2009

Ephesians #2

**SIGNED, SEALED, DELIVERED**

*EPHESIANS 1:3-14*

*This is our second week meeting together as a group. Be sure to welcome anyone who wasn't here for our first meeting.*

**OPEN:**   
(2 minutes)

1. When you "count your blessings," what are the top three items on your list?
  
2. What is something in your family that you would like to inherit someday?
  
3. When you meet a new person, what are three things you might tell them about yourself? When would you tell the person you are a Christian?



**DIG:**   
(20 minutes)

Read Ephesians 1:3-14

4. Paul says God has blessed us with “every spiritual blessing in Christ.” Take just a moment to list all the things Paul says are “in Christ” or “in him.”

5. What does it mean to be “adopted through Jesus Christ” (v.5)? Are we born into God’s family or adopted? How does this change a person’s life?

**Did you know...**

That the questions in **bold** are the questions we should be sure to answer if we start running short on time.

6. What does it mean that a believer is “sealed with the promised Holy Spirit” (v.13)? What purpose does this serve?

7. How do we know we have the Holy Spirit dwelling in us?

8. What are some of the terms Paul uses to emphasize our standing as God’s chosen children? What rights and privileges does this give us?

**Life Group Math:**

We never use the word “divide” about Life Groups. We refer to one group becoming two as “multiplication.” Our group will need to multiply when we’re averaging 15-18 people per week. When God blesses our group with that growth, we’ll need people to step up to host, help lead, etc.