



**REFLECT:**  
(20 minutes minimum)

10. Three times in verses 14-18 Paul says “stand your ground... stand...stand firm...” Based on these verses, what would you say Paul is most worried about? What would he think is the greatest danger for a Christian? Why?

11. **What picture comes to your mind when you think of the devil? Red suit and horns or something more tailored to you? If Satan appeared to you today, what do you think he would look like?**

12. How can you encourage another Christian in his or her spiritual battles this week? How can we encourage you today?



**February 14, 2010**

Ephesians #20

**UNDER ARMOR 1**

**EPHESIANS 6:14-15**

These guides usually have more material than a Life Group will be able to address in the allotted time. Any questions you don't have time to cover in your group can be used in your personal study this week.



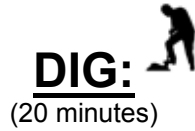
**OPEN:**  
(2 minutes)

1. How did you spend your time this past week during the snow-storms?

2. What is the worst storm you've ever been in?

3. If you could have dinner tomorrow with anyone alive today that you do not already know, who would that be?





**Read Ephesians 6:10-15**

4. Why do you think Paul used the detailed description of a Roman soldier's armor to explain spiritual warfare?
5. How would you describe the armor of God in your own words?
6. **Why is righteousness like a breastplate of armor? What exactly does Paul mean by "righteousness"?**
7. **Why is the gospel of peace pictured as sandals? What might this mean in our lives individually and as a church?**
8. How seriously do you think more Christians take spiritual warfare? What would we do differently if we really understood we are in a battle with the forces of evil?
9. The pieces of armor Paul mentions in these verses were worn all the time, not just when in combat. What significance do you see for us in that this armor is to be on us all the time?